

# ***Livin' With Parkinson's Disease.***

## **My Personal On Board Computer Got A Virus.**

Its been a good number of months now since I was last in me woodworking workshop turning perfectly good wood into sawdust due to a problem that started to hound me right hand. For some unknown reason that terrorist organisation I know as Parkinson's has put some sort of a virus into it's operating system and me tremorin' right hand now finds it's fingers twisting inwards towards the palm of me hand. I'm in and out of me workshop every mornin' and evenin' as that is where I keep me dogs tucker, pellets and grain for me Wallabys and Wild Ducks. Me jigs for me different power tools now need some altering to accommodate me new problem and while I'm tempted to try and make alterations to them I needed to keep away from them until I see just how far this new problem is goin' to go.

In early September I was back in Brisbane to see my Neurologist who decided he'd like to add a new medication to that which I was already taking. While the wife and I got told what he was hoping this medication may do for my tremors and finger problems he also told us that there are some real bad side effects that we should be aware of as well. Me being me was only interested in the good things and left my wife to note the possible bad ones, as many will be aware not all of us Parkinson's sufferers react the same way as others do to medications given. On the 15th September I swallowed me first tablet along with the others I'd been shovin' down me neck since April of 2016 when I was diagnosed, I created on me computer a word document file I called 'New Medication'.

As much as I tried to concerntrate on the positives that my Neurologist had hoped I would benefit from I found me self always worryin' about the negatives and as the days went by I failed to notice a big change that was taking place. My 'New Medication' file I opened up each evenin' and entered any slight changes and it wasn't until day four when I was out feeding me dogs in the evenin' when I realised that I was not shufflin' as much as I had been when I walked plus I found I was standing upright a little better. By day nine I found I was walking better and standing taller, my thoughts of the negatives I was no longer thinking at all about and the disappointment in not noticing any change in my tremor and finger bending wasn't worryin' me at all.

So far its been 41 days since I began swallowing me new medication and while I have noticed a slight increase in my right leg tremors me toes don't bend inwards towards the sole of me foot as often as they did which could be at times very painful. My balance issue hasn't changed and once I get to the third or fourth step on the ladder I'm all over the place and can not keep me balance at all. My joints still ache like hell each morning and me head feels like a heavy bowling ball sitting on me sore shoulders. Me right arm still hangs to me side when I walk and me fingers twist around a lot. My stuttering when I speak and the changing of my voice doesn't happen as often as it use to, but when it does it stays a lot longer with me than it use to. Me lips still quiver and I still get the odd periods when I have a slight head shake. I'm due to have surgery soon to have a growth which is growing inside me bottom left eye lid, my eye surgeon wants me knocked out completely so they can make me head secure because he can not afford to have me twitchin' around while he operates.

Yes currently I'm one hell of a happy man with what has happened since I started taking this little white pill, I think its around December that the wife has to let me Neurologist know how I'm goin. I'd be even much be much happier if my tremor and finger twisting were to reduce but I'm pretty much use to that now, I still at times reach for things and knock them over or not get a good grip on what I attempt to pick up and drop it. Using me tools to eat with at times is a bit of a circus so I use me fork like a shovel most of the time and when things are a little more difficult, well fingers were invented before knives and forks. I've also noticed that the skin on me hands breaks out in little blister type dried out areas and the skin peels off like one peels skin off after being sunburnt. The wife says I should put a little hand cream on me hands each day but I'm a man and rubbin' a hand cream on each day isn't an easy thing to remember.

But its me ability to walk lifting me feet clear of the ground and not shuffling along bent over that I enjoy most of all so far, I no longer worry about the stares that were directed at me when we go to the city to do our fortnightly shop as I fit in with all around me and if I'm stared at its because of my right arm tremor and twisting fingers. What an increase in pill strength will do for me is something that only my Neurologist will know so we'll cross tha bridge when we come to it. Gettin' around our rural bush property is great, where little twigs etc that lay on the ground made my movement difficult I'm now up and away without a worry, I don't walk as fast as I use to but I'm walking and not shuffling. Have I been keeping my 'New Medication' file up to date?, haven't got time to do that I'm to busy enjoying me new walking ability besides I've got the wife keeping an eye open for the negative problems while I'm out and about enjoyin' the positives.

I'll soon be back in me woodworking workshop and I'll find away to deal with this twisting finger problem and again turn that perfectly good wood into sawdust.

**Take Care, Stay Safe and Travel Safe.**

**Hooroo**

**Kev (The WIZARD of OZZ).**

**2017.**